God has set aside such a day in which He wants us to renew our physical and spiritual strength. Let us learn about this day.

THE BIBLE SAYS

1. In the New Testament, what is Christ's special day for rest and worship called? <i>Revelation 1:10</i> . The Bible Says:
2. Of which day did Jesus say He is Lord? <i>Matthew 12:8</i> . The Bible Says: NOTE: The Lord says that this is His holy day. <i>Isaiah 58:13</i> .
3. Which day is the Sabbath of God? <i>Exodus 20:8-11</i> . The Bible Says:
4. Which day of the week is the seventh day? The Dictionary Says: "Saturday the seventh or last day of the week" "The Desk Standard Dictionary," Funk and Wagnalis.
5. When was the Sabbath created, blessed, and set aside as holy? <i>Genesis 2:1-3</i> . The Bible Says: NOTE: From <i>Colossians 1:16 and John 1:1</i> we learn that it was Jesus who was the active agent of creation. It was He, therefore, who rested on the Sabbath and blessed and sanctified it.
6. For whom did God make the Sabbath a memorial of His creative power? <i>Mark 2:27, 28.</i> The Bible Says:
7. How many of the earth's people were given the Sabbath as a memorial and a rest day? <i>Isaiah 56:1-7</i> . The Bible Says: "Mine house shall be called" (V
"(Verse 7). 8. How did the Lord instruct His people to refrain from work on His day? <i>Jeremiah 17:21, 22.</i> The Bible Says:

9.	What example did Jesus give us regarding the seventh-day Sabbath? <i>Luke 4:16</i> . The Bible Says:
10.	What did Jesus say that would indicate that the Sabbath would remain sacred after His resurrection? <i>Matthew 24:20</i> . The Bible Says: NOTE: This statement was made by Christ in a prophecy concerning the destruction of the city of Jerusalem which took place in A.D. 70.
11.	How did Christ's followers honor His holy day after the crucifixion? <i>Luke</i> 23:56. The Bible Says:
12.	When did the Gentiles request that the truth of Christ should be preached to them by Paul? <i>Acts 13:42-44</i> . The Bible Says:
13.	Like his Master, what did Paul do on the Sabbath day? Acts 17:2, 18:4, 11. The Bible Says:
14.	On what day will all flesh worship God in the new earth? Isaiah 66:22, 23. The Bible Says:
15.	How does God ask His people to keep the Sabbath? Isaiah 58:13, 14. The Bible Says:
16.	How do we express our love to God? <i>1 John 5:1-3</i> . The Bible Says: