



Florida Conference of Seventh-day Adventists
Florida Conference Brigade, Medical Cadet Corps
351 S State Rd 434, Altamonte Springs, FL 32714



Basic First Aid and CPR Courses

There are many available courses to take regarding knowledge of basic first aid responses. The MCC first aid training modules give the perspective of how delivery of first aid is different in a disaster situation. It is assumed that some fundamental understanding of first aid is known.

For the purposes of MCC, there are several options for meeting this requirement of personal knowledge. A copy of a certificate from a following course will check this requirement as being accomplished. Also, any local classes from public safety agencies that give a certificate of completion can be used.

First aid needs a continual involvement to stay up to date and in the mind set of what actions should be taken. So, most certifications have a 2 or 3 year limit of qualification.

Additionally, most of these training agencies also teach CPR. This can be more useful in the daily life than during a disaster event. Several combination classes are available for similar cost or free of charge. Schools, universities, church groups and others will offer classes. All can apply as it works into your schedule.

American Red Cross First Aid: <https://www.redcross.org/take-a-class/first-aid/first-aid-training>:

American Heart Association: <https://cpr.heart.org/en/training-programs>

National CPR Foundation: <https://www.nationalcprfoundation.com/>

eCPR Certification: <https://ecprcertification.com/>

CPR Certification Now: <https://cprcertificationnow.com/>

CPR and First Aid Online: <https://www.cprandfirstaid.net/>

A good place to look for information is a public library. And, of course, searching a web browser will show classes near your location or online.

After finishing a course, take a copy of completion or copy the certificate and bring to your MCC leader to place on record, as this is part of documentation of training.

Basic First Aid and CPR Courses

For course certification, the form must be filled out.

Member Name (Print) _____ Instructor Name (Print) _____

Member Position Number _____ Instructor Position Number _____

Member FEMA SID _____ Instructor FEMA SID _____

Date of Instruction _____

The MCC member has completed a course of instruction at an outlying agency to meet the requirements for the Basic First Aid and/or CPR classes. A copy of completion or a certificate has been provided.

With a complete set of initials, the instructor's signature signifies receipt of certification of completion for the Basic First Aid course.

Please note Expiration date: _____

Instructor Signature _____

With a complete set of initials, the instructor's signature signifies receipt of certification or completion for the CPR course.

Please note expiration date: _____

Instructor Signature _____