

FINGER PLAY



1. Using building blocks or duplos make a building
2. Using edible finger paints (pudding) make a picture.
To instant pudding, add small amounts of water and mix until the right consistency. Then paint (smear) away.
3. Make a plaster cast or outline drawing of your hand or paint your hand and make a print. Attach the following poem and give it as a gift.

Sometimes you get discouraged
Because I am so small
And always leave my fingerprints
On furniture and walls
But everyday I'm growing -
I'll be grown some day
And all those tiny handprints
Will surely fade away
So here's a little handprint
Just so you can recall
Exactly how my fingers looked
When I was very small
(Put date & child's name here)

4. Help make some cookies, bread or pizza that you can mix by hand.
Share them with family or friends.
5. Using sand at the beach, lake, in a sand box or sand table, dig for
"treasures" that someone has hid for you.
6. Learn a poem that has a finger play with it.
Example: Here is the Church (finger locked, palms together)
Here is the steeple (raise index finger up to form steeple)
Open the doors (open thumbs out to represent doors)
And see all the people (turn hands, palms up so fingers stick
up, wiggle them to represent people)
7. Learn Ecclesiastes 9:10 (first part) - it teaches us to do our best for
Jesus. "Whatever your hand finds to do, do it with all your might"
8. Sing the song "Oh Be Careful Little Hands What You Do"
*Oh, be careful little hands, what you do,
Oh, be careful little hands, what you do
For the Father up above is looking down in love
Oh, be careful little hands, what you do.*

Approved by the Adventurer Committee for release for the 2008-2009
Adventurer Year.